

SUBJECT: Management and Planning of Sports Introduction in Non-Formal Education

STUDIES: Degree in Physical Activity and Sports Sciences

CODE: CE30GPE1

TYPE: Core

YEAR: 3rd

SEMESTER: 2nd

CREDITS (hours/week): 6

CREDITS ECTS: 3.5

TEACHER: Juanjo Rodríguez/ Salvador Torres Ortega

LANGUAGE: Catalan

PRE-REQUISITES: None.

PREVIOUS KNOWLEDGE: It is advisable to have a good previous training in: *Pedagogical Basis of Education and Physical Education, History of Physical Education, Developmental Psychology, Biology (anatomy and physiology), Sociology, Psychology, Philosophy and Didactics of Physical Education.*

SUBJECTS TO BE STUDIED SIMULTANEOUSLY: None.

SUBJECT DESCRIPTION:

Starting from a rich previous training, this subject prepares students for creating, planning, organising and managing projects of sport introduction in the field of non-formal education.

This subject tries to make students aware of non-formal education field, and to assess the educational possibilities of sport in this field. It also tries to give students the needed education in order to be able to carry out quality educational projects.

OBJECTIVES:

Transversal competences:

1. Ability to organise and plan
2. Decision making
3. Team work
4. Skills in interpersonal relations
5. Critical reasoning
6. Ethical commitment
7. Leadership.
8. Initiative and enthusiastic spirit.
9. Motivation for quality

Specific competences:

1. To plan, develop and assess the carrying out of sports-physical activity programs.
2. To elaborate programs for the management of sports organisations, bodies and facilities.

Learning objectives:

Students, at the end of this subject, must be able:

1. To know and assess educational possibilities of sport in the field of non-formal education.
2. To make a sport project addressed to children in non-formal education.
3. To know management and planning principles in order to carry out a quality project.
4. To have initiative, commitment and leadership attitudes.

CONTENTS:

1. Historical evolution of sport and analysis of current situation within non-formal education.

- Origins of modern sport and its evolution up to nowadays.
- Sports and education. Background and current situation.
 - Analysis of values of sports in our society.
- Current situation of sport in non-formal education. Different fields and their aims (school sports, club sport).
 - Extracurricular activities, physical education and curriculum.
 - Educational policy and extracurricular activity.

2. Sport in schools, clubs and sports centres.

- Aims: Entertainment, teaching, sports performance....
- Bodies related to sport in non-formal education (federations, school sport council, town halls....).
- Teachers/coaches. Training and professional profile.
- Analysis of competition models.
- Evaluation of current situation of children sport in clubs or schools.

3. Organisation of sports within non-formal field.

- Legal basis.
- Current situations in different fields (school, club...)
- People in charge of its organisation (Parents association, service enterprises, school, directives...).
- Analysis of different organisational models.
- Organisation proposal.

4. Elaboration of training programmes.

- Foundations for creating training programmes. Ideological foundations. Educational model and model of sport
 - Definition of ideological basis.
 - Research and analysis of resources (human and material).
 - Justification and suitability of the proposal. Developmental stages and phases of the project.
 - Human, material and economic resources management.

- Organisational principles: Definition of objectives, personal selection, stage previous to course beginning, stage of analysis of the process and stage of evaluation at the end of the course.
 - Evaluation of the project. Quality control process.
 - Continuous improvement and innovation.
- Knowledge of children in different fields and adaptation of contents to their needs. Adaptation of sport to the characteristics and needs of children.
 - Analysis of different sports and educational possibilities.
 - Elaboration of a proposal: sections, groups, activities.....
 - Pedagogical principles in sports introduction and children sport.
 - Organisational structure. (Organisation chart): Positions, profiles and functions.

6. Leadership.

- Profile and functions of the coordinator.
- Profile and functions of Teachers.
- Leadership principles.

7. Other possibilities within non-formal education.

- Sports campus.
- Homes and sports stages.
- Sports days....
- Summer camps

METHODOLOGY:

Class work:

- Theoretical sessions: In lectures, the teacher will introduce all units, in order to give bibliographic references and to deal with some contents and to establish the conclusions of each topic developed.
- Practical sessions: In order to work on leadership and initiative, we will have some practical sessions where students must be responsible for and lead a group.
- Expositions of projects: students must expose the projects done in the subject.
- Working in small groups and putting knowledge in common: After theoretical explanations done in class, students will have to work in small groups and to review in common their conclusions.
- Outings: In order to work on leadership, initiative and commitment, there will be an outing in which we will work on these attitudes using different cooperative games.
- Visits: In order to study in depth developed contents, we will visit the Football Club Barcelona's *Masia*, in order to know the organisation and management of the educational project.
- Guests: In order to know the reality and professional experiences of different projects in this field, we will have two chats. A chat about the organisation of a project of "extracurricular activities" along the course, and another project of summer camps and summer campus.

Guided out-of-class work:

- Students, starting from acquired knowledge must create a guided project.
- There will be an assignment in small groups simulating a session for choosing the organisation responsible for carrying out summer campus or camps.

Autonomous work:

- Using the information given in class and the material posted in bLink, students will have to prepare their project in an autonomous way.
- Students will have to read the book "7 habits of highly effective people" by Stephen R. Covey, they will have to analyse the seven principles represented and to write up an assignment putting into practice these principles.

EVALUATION:

- Final exam: At the end of the subject there will be a final exam to evaluate the knowledge and concepts taught. Weighting value: 30% of the final mark. Evaluated objectives: 1 and 3.
- Explanation of the project. Students will have to defend their projects and presentations, the quality of the exposition, coherence and the quality of the project will be assessed. Weighting value: 40% of the final mark. Evaluated objectives: 1, 2, 3.
- Leadership, initiative and commitment attitudes: These attitudes will be assessed by observation sheets all along the subject, but more specifically by doing practical sessions and outings. Weighting value: 20%. Objective evaluated: 4.
- Application of the seven principles of the book "7 habits for Highly Effective people" in the project done. Weighting value: 10%. Objective evaluated: 3.

BASIC BIBLIOGRAPHY:

Diputació de Barcelona (2000). **Manual de formació psicopedagògica per a entrenadors d'iniciació esportiva**. Àrea d'esports de la Diputació de Barcelona.

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Gimeno Sacristán, J y Pérez Gómez, A.I. (1995). **Comprender y transformar la enseñanza**. (4ª edición). Madrid.: Morata.

Glyn, C. Roberts. **Activitat física competitiva per a infants**. PH.D.

Hernández Álvarez, J.L. (1996). **La construcción histórica y social de la educación física: El currículo de la LOGSE, ¿una nueva definición de la educación física escolar?**. Revista de educación, 311, 51-76.

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Pérez, M (1986). **El deporte en el tiempo libre**. Apunts: Educación Física y deportes, 4.

Stephen R. Covey (1989). **Los 7 hábitos de la gente altamente efectiva**. Ed. Paidós Empresa 16

BIBLIOGRAPHY AND COMPLEMENTARY MATERIAL:

Ajuntament de Barcelona (1998). **Una escola més esportiva i un esport més educatiu**. Conclusions del Congrés de l'esport i l'Educació Física en Edat Escolar a la ciutat de Barcelona.

Gómez Rijo, Antonio (2001). **Deporte y moral: los valores educativos del deporte escolar**. Artículo publicado en la revista digital efdeportes.com nº 31.

Gordillo, Ález (1992). **Orientaciones psicológicas en la iniciación deportiva**. Artículo publicado en "Revista de psicología del Deporte nº 1, (p.27-38). FEAPAFD.

Parlebas, P. (1988). **Elementos de sociología del deporte**, Junta de Andalucía/uniesport, Málaga.

Puig Rovira, J.M. i Trilla, J (1987). **La pedagogía del ocio**. Laertes, Barcelona.

Tharia, J.J. (1982). **Valores básicos de los adolescentes españoles**. Ministerio de cultura, Madrid.

Trigo, E. (1990). **Juventud , Tiempo libre y Educación en Galicia**, Tesi doctoral, UNED, Madrid.

PREPARED BY: Juanjo Rodríguez/ Salvador Torres Ortega

LAST REVIEWED: